

MOOD OUTCOMES PROGRAM (MOP)

OUR APPROACH TO COLLABORATION

The aim of the NNDC Mood Outcomes Program is to improve patient care provided to those suffering from mood disorders. Through use of measurement-based care tools and quality improvement programs informed by patient care data at our centers, the NNDC is working to transform the treatment of mood disorders. It is designed to support clinically meaningful questions that can improve patient care, accelerate innovation, and advance scientific understanding.

Organizations interested in exploring treatment outcomes, care delivery models, implementation strategies, real-world evidence, health economics, or other research questions are encouraged to work collaboratively with NNDC and participating member centers.



Scan for more at nndc.org

MEASUREMENT-BASED CARE

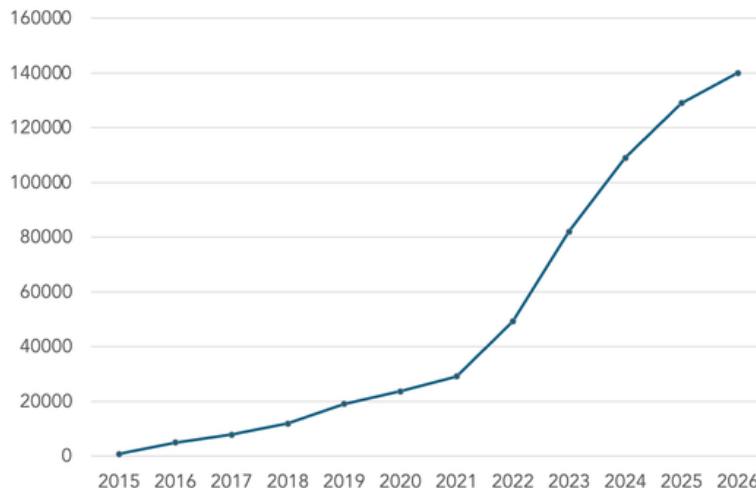
The electronic patient-reported outcomes (ePRO) web-based system allows patients to directly input four brief self-rated assessments immediately before each clinic visit. Clinicians review these self-assessments during regular visits to monitor patient progress as part of standard clinical care.

CLINICAL SUPPORT TOOLS

The Mood Outcomes Program Clinical Repository includes a patient-level dashboard that displays the self-rating assessments in real time so that clinicians can use this data during their visit with the patient. The Clinical Repository also features reporting tools to help clinicians establish treatment plans that are tailored to the specific needs of their patients.

IMPACT AT A GLANCE

- 16 Participating NNDC member centers
- Growing national repository of patient outcomes data managed by Johns Hopkins University
- 140,000+ unique patients enrolled
- Longitudinal data ranging back to 2014
- Several scholarly MOP publications + presentations
- Standardized measurement-based care across multiple health systems
- National network of academic medical centers, specialty behavioral health providers, and research institutions
- Real-time clinical reporting and decision support tools
- Supporting multi-site research, quality improvement, and innovation



EXPANDING NATIONAL INITIATIVE

The Mood Outcomes Program continues to welcome new participating sites. While some centers are actively contributing data today, others are currently implementing workflows, integrating systems, or preparing their initial data submissions. As participation grows, so does the program's ability to support quality improvement, benchmarking, collaborative research, and innovation in mood disorders care.

WHO CAN PARTICIPATE?

NNDC Member Centers are leading the effort to build the Mood Outcomes Program into a robust clinical program and patient database to transform patient care and improve quality. All patients 13 years or older who have been diagnosed with a mood disorder, including depression and bipolar disorder, and are being cared for at one of the participating NNDC Member clinics may be included in the program.

In addition, all NNDC members are able to contribute data to the program, though it is not mandatory to participate as a member. All members may access and study the MOP data. To learn more, email Matt Samocki at MSamocki@nndc.org.