



2026 National Network of Depression Centers Best Practices Conference for Mood Disorders in collaboration with Mayo Clinic, supported by CU Anschutz

About

The NNDC Best Practices for Mood Disorders Conference is aimed at providing clinically relevant updates for the management of mood disorders & associated comorbidities across the lifespan. Topics include updates and clinical pearls on treatment resistant depression and bipolar disorder, new & novel treatments for depression, and when referring patients for ketamine, TMS, ECT or psychedelic therapy. We work to use the power of our network to advance scientific discovery, and to provide stigma free, evidence-based care to patients with depression and other mental illnesses.

This event is catered to leading minds in many disciplines and attendees include a number of providers like psychiatrists and primary care physicians, psychologists, advanced practice providers, nurses, pharmacists and other licensed mental health professionals. In-person and livestream options are available.

Conference Website

[LEARN MORE](#)



Or scan here

What Participants Are Saying

"They were all great. I've never been to a conference where I learned from every single talk!"

"The speakers were engaging and I loved hearing from them, plus the case studies were very relevant. Exceptional presentations."

"I appreciated the attention given to female issues and treatments Managing the Menopausal Patient - very pertinent to most practices."

Virtual and
in-person
options!

Conference Information

The 2026 NNDC Best Practices Conference for Mood Disorders takes place on October 8-10, 2026 at **The Westin Denver Downtown, 1672 Lawrence Street, Denver, Colorado** and has a virtual option as well.

More information can be found [here](#) or by scanning the QR code above.

Accreditation Information

In support of improving patient care, Mayo Clinic College of Medicine and Science is jointly accredited by the following boards to provide continuing education:

Available Credit:

- 17.00 AAPA Category 1
- 17.00 AMA PRA Category 1 Credits™
- 17.00 ANCC
- 17.00 APA
- 17.00 ASWB
- 17.00 Attendance
- 17.00 IPCE

Questions?

Do you have questions about the conference or looking for additional details?

Please reach out to us by contacting either **Dr. Matt Samocki** at msamocki@nndc.org or **Courtney Soule** at csoule@nndc.org.



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