

## Shaping the Future of Mood Disorders Care: Discovery, Innovation, and Collective Impact

### NNDC Conference Kickoff Summit - Monday, October 19, 2026

| Time (CST)                               | Topic                                                                                                                      | Topic Description                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | Presenters                                                                                                                                                                                                                                              | Location                                                                                              |
|------------------------------------------|----------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|
| Noon-2:30pm                              | Non-CME NNDC Task Group Member Open House (Drop-in)                                                                        | An opportunity to meet NNDC Task Group members and learn more about the work being accomplished by the various groups. This promises to be a fun time with great conversation, collaboration and camaraderie. There will also be some private meeting space set aside for Task Groups that want to hold a more formal meeting.                                                                                                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                         | Quadrangle Room                                                                                       |
| Concurrent Opportunities:<br>Noon-1:30pm | Registration and Lunch Buffet                                                                                              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                         | Lobby and Shirley Bird Perry Ballroom (Catering side)                                                 |
|                                          | From Community to Clinic: Scaling Evidence-Based Mental Health Impact Through Community Programs and Network Collaboration | This 90-minute session highlights how evidence-based community mental health programs—using NNDC member examples—can extend training into communities while strengthening clinical care, research, and sustainability. It explores how community engagement drives measurable impact, revenue, philanthropy, and referrals back to clinics and research, and features partner examples to show how NNDC's network approach enables scalable models and broader community impact. <i>Limited to 200-person capacity.</i>                                                                                                                                                                                                                                 | Matt Mishkind, CU Anschutz<br>Rob Vallentine (Moderator)<br>TBD<br>TBD                                                                                                                                                                                  | Shirley Bird Perry Ballroom (Conference side)                                                         |
|                                          | BD2                                                                                                                        | Data sharing meeting                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | TBD                                                                                                                                                                                                                                                     | Governor's Room                                                                                       |
| Concurrent Opportunity:<br>1:30-2:30pm   | Public Education + NNDC Attendees Brainstorm screening and panel discussion                                                | This event kicks off with a screening of <u>BrainStorm</u> , followed by an exclusive panel discussion featuring individuals involved in bringing the film to life. BrainStorm is a new 30-minute documentary about bipolar disorder. It tells compelling stories of six individuals living with bipolar disorder, connecting their experiences with the latest science to shed light on potential causes and successful treatments. Afterward, you'll have the chance to connect with the creators of the documentary as panelists.<br><br><i>This public education event is available to registered conference attendees and UT Austin students and faculty at no additional charge.</i>                                                              | Kim Allen<br>Gabriel R Fries – researcher<br>Rob Vallentine (moderator)<br>TBD caregiver<br>TBD 1 or 2 UT Austin clinicians                                                                                                                             | Union Building Theatre (on 2 <sup>nd</sup> Floor)                                                     |
| Concurrent Opportunities:<br>2:30-3:30pm | Advancing Access and Policy for Novel Approaches to Mood Disorders: A Roundtable Discussion                                | This interactive roundtable will convene NNDC participants interested in access, policy, and implementation challenges related to novel approaches to mood disorders. The discussion will explore barriers and opportunities affecting patient access, adoption across health systems, and alignment with evolving policy and reimbursement landscapes. Participants will share perspectives from their institutions, discuss emerging strategies, and identify areas where coordinated, network-level approaches may drive progress. Special invitations will be extended to members of the NNDC Access Task Group, while remaining open to all attendees interested in these topics, fostering cross-site dialogue and collaborative problem-solving. | Ryan Griggs, Myriad Genetics<br>Stephen Ferber, Cleveland Clinic<br>Rachel Self, Otsuka<br>Brittany Finocchio, Supernus<br>Kirsty Nahm, Biogen Medical Director<br>TBD Myriad Payer Market<br>TBD Myriad Access and regulatory affairs<br>TBD from NNDC | Shirley Bird Perry Ballroom (Conference side)                                                         |
|                                          | Optional Early Poster Session #1 Set Up                                                                                    | This optional session provides poster presenters scheduled to present early on Day 1 with dedicated time to set up their posters in advance. This will allow presenters to install materials, confirm placement, and address any setup needs ahead of the poster session from 5-6pm during cocktail hour and tomorrow's conference program. Participation is optional and intended to support a smooth and efficient poster session experience for those presenting early. Poster presenters will receive advance communication with details and instructions.                                                                                                                                                                                          |                                                                                                                                                                                                                                                         | Santa Rita Suite                                                                                      |
| 3:30-5:00                                | Building Connection and Collaboration Across the NNDC Network                                                              | <b>Networking Opportunity (All NNDC Participants)</b><br>This session offers a structured networking opportunity open to all NNDC conference participants, designed to foster meaningful connections across sites, disciplines, and career stages. By creating intentional space for dialogue around shared interests and challenges, the session aims to strengthen relationships, spark collaboration, and build a sense of community that continues throughout the conference and beyond.                                                                                                                                                                                                                                                            |                                                                                                                                                                                                                                                         | Ballroom                                                                                              |
|                                          |                                                                                                                            | <b>Testimonials Opportunity (All NNDC Participants)</b><br>This session will feature brief testimonials from NNDC participants sharing why they joined the network, the work underway at their institutions, and how collaboration accelerates research, care delivery, impact, and access. The goal is to highlight the value of network participation, showcase the diversity of site-level efforts, and illustrate how shared learning and partnership amplify impact across communities.                                                                                                                                                                                                                                                            |                                                                                                                                                                                                                                                         | Lone Star Room                                                                                        |
|                                          |                                                                                                                            | <b>Mentorship Networking Session (Travel Awardees and Mentors Only)</b><br>The session will connect mentors with NNDC Travel Award recipients from member sites across the country, including students, residents, fellows, postdoctoral scholars, junior faculty, clinicians, and early-career researchers. These individuals represent some of the most promising emerging professionals in our field and the future of the NNDC.                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                         | Quadrangle Room                                                                                       |
| Concurrent Opportunity:<br>4:00-5:00     | NNDC Board of Directors in-person only Meeting                                                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                         | Governor's Room                                                                                       |
| 5:00-6:00pm                              | Cocktail Hour & Poster Presentation Session #1                                                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                         | <b>Cocktails:</b> Shirley Bird Perry Ballroom (Catering Side)<br><br><b>Posters:</b> Santa Rita Suite |
| 6:00-7:30pm                              | Dinner Buffet and AI Panel Symposium                                                                                       | A panel discussion exploring the opportunities and challenges of applying AI to real-world mental health data and research.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | Peter Zandi<br>Joanna Biernacka<br>TBD                                                                                                                                                                                                                  | Shirley Bird Perry Ballroom (Catering + Conference side)                                              |