

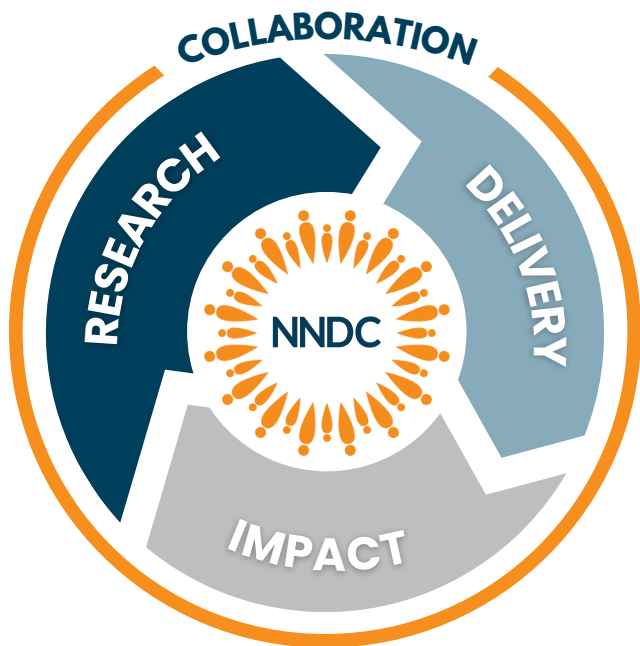


## WHO WE ARE

The National Network of Depression Centers is a collaboration among [leading academic medical centers](#) across the U.S. and Mexico. The NNDC enables our world-class researchers, clinicians, and other professionals in psychiatry and associated disciplines to accelerate the discovery and adoption of breakthrough therapies, and bridge the connection between mental and physical health.

Through our commitment to cutting-edge science and training next-generation leaders, we are a powerful force for driving progress in brain health and advancing data-driven, actionable mental health care for current and future generations.

## OUR STRATEGIC FRAMEWORK



## THE FUTURE WE SEE



A world free of stigma where everyone has access to effective, evidence-based mental health care.

# We are the National Network of Depression Centers

## OUR NETWORK

We help people with mood disorders live healthier lives through advanced research delivering innovative treatment solutions with meaningful impact.

## OUR WORK



**Mood Outcomes Program**  
A learning health network

**NNDC Task Groups**  
Collaboration on next-generation solutions



CME + Networking events

Learn more here:





## YOUR DONATIONS AT WORK

The NNDC uses a mission-driven allocation framework that directs donated funds to the programs and initiatives that most effectively advance depression research, improve clinical care, and strengthen professional collaboration across our 27 member institutions. We prioritize efforts that demonstrate clear impact, sustainability, and alignment with our strategic plan.

### Primary Areas Supported by Donations

- **Collaborative Task Groups** — Our current 13 Task Groups conduct research and clinical best-practice development across a broad range disciplines
- **Momentum Grants** and other funding that catalyze innovative research
- **The Mood Outcomes Program**, including data infrastructure and multi-site analytics
- **Education and Training**, including conference travel awards and CME opportunities
- **CME Events**, including our Annual Conference programming, including poster awards
- Network growth and partnership development
- Core operations that make national collaboration possible

### High-Level View of 2025 Funding

Our audited financials for 2025 will be publicly available later this year, but in general, donor support in 2025 was allocated across four major areas:

- **Research & Program Innovation** (including Mood Outcomes Program and Task Group enhancements / growth)
- **Education & Professional Development**
- **Collaboration & Network Support**
- **Operations enabling national coordination**
- Looking for more information? [View our most recent 990 form here](#)

Items like our travel awards are especially impactful, given they go towards helping fund conference travel and participation. One anecdote from this past year on this impact of travel grants include:

## QUALITATIVE FEEDBACK | TRAVEL AWARDS

*"I want to thank the NNDC again for the incredible opportunity to attend the Best Practices Conference in Chicago. The experience was truly invaluable, and I'm so grateful for the scholarship support that made it possible for me to attend. Without that financial assistance, I would not have been able to participate, and I'm deeply appreciative of the chance to learn from experts and peers in the field.*

*Since returning, I've already been able to apply what I learned to my primary care clerkship, where I primarily work with the HIV-positive population in Austin. The knowledge I gained about mood disorders and patient communication has made me more thoughtful and effective in how I interact with my patients. I've found that I'm better able to recognize when mood symptoms may be affecting overall health and to approach those conversations with greater empathy and confidence.*

*The conference not only strengthened my clinical skills but also deepened my commitment to continuing to grow as a provider who understands the complex relationship between mental and physical health. I left feeling inspired and better prepared to support my patients in a more holistic way.*

*Thank you again for your generosity and for making this experience possible. I'm truly grateful for the opportunity and for the lasting impact it has had on my medical training and professional development."*

—Aiden Smith, 2025 Best Practices for Mood Disorders Travel Award Recipient