

Bridging Discovery to Delivery: Next-Gen Approaches to Mental Health Treatment

NNDC Pre-Conference Summit - Wednesday, September 10, 2025

Time (EST)	Schedule	Topics	Presenters	Location
11am-Noon	Registration and Lunch Buffet			West + North Prefunction
Noon-1:00pm	Presentation: Collaborative Expansion: Scaling Mental Health Programs for Workplaces and Communities through Strategic Partnerships: A Networked Approach to National Impact through the NNDC	This session will showcase innovative mental health programs from across the NNDC network, with member sites sharing proven models ready to be scaled nationally. Matt Mishkind from the University of Colorado will present VCog, highlighting virtual care strategies for mental health support, while Sean Egan, Deputy Director of Labor at Michigan's Department of Labor and Economic Opportunity (LEO), will present MiLEADS — a statewide initiative pilot-testing a scalable workplace mental health model designed for small businesses in Michigan.	Matt Mishkind, PhD Helen and Arthur E. Johnson Depression Center at the University of Colorado Rob Vallentine, MBA National Network of Depression Centers Sean Egan, JD Michigan Department of Labor and Economic Opportunity	WKRP Room
	Closed collaborative networking meeting with a Platinum Sponsor			Alice Room
Noon-2:00pm	CME Presentation: The Resilience Scale Training	Resilience can be defined as the ability to respond positively in the face of adversity. This 2-hour training reviews the key metaphors of the Brain Story with a focus on how the Resilience Scale Metaphor can be used as a practical tool to assess and monitor resilience in individuals. After this training, participants will be able to use the Resilience Scale: <ul style="list-style-type: none">• To explain the factors that strengthen and weaken resilience to their colleagues and patients/clients• As a clinical tool to visualize their patients' current resilience and programs and services they can access to strengthen their resilience• As a system to monitor changes in the capacity for resilience over time• As a self-assessment tool to assess their own capacity for resilience	Claire Niehaus, MSc Palix Foundation	Beast Amphitheater
Noon-3:00pm	NNDC Task Group Member Open House	An opportunity to meet NNDC Task Group members and learn more about the work being accomplished by the various groups. This promises to be a fun time with great conversation, collaboration and camaraderie. There will also be some private meeting space set aside for Task Groups that want to hold a more formal meeting.		Cincinnatus Ballroom
1:00-2:00pm	CME Presentation: Overcoming Barriers to Insurance Coverage: A Role for Clinician Advocacy	Individuals encountering insurance obstacles and denials rarely push back. Clinicians are also conditioned to accept "no" for an answer when it comes to private insurance coverage for mental health and substance use disorder care. Cover My Mental Health is a not-for-profit providing individuals with no-cost, actionable tools toward overcoming insurance obstacles to mental health and substance use (MH/SUD) care. The presentation will introduce those tools and encourage patients and providers that insurance obstacles to care can be overcome, especially related to medical necessity denials.	Joe Feldman, MBA Cover My Mental Health	WKRP Room
	NNDC Advisory Council Meeting	A one-hour meeting between NNDC Advisory Council members		Leonard Baehr Room
2:00-3:00pm	Presentation: The Reflective Lens: A Team-Based Approach for Transformative Depression Care	The Lindner Center of HOPE presents clinical observations, representative case vignettes, and preliminary outcomes to support their hypothesis: that residential, interdisciplinary assessment—when embedded in a reflective and relationally attuned setting—acts as both a clarifying and catalytic intervention in the treatment of TRD. This approach leverages the full scope of team-based expertise to generate individualized, comprehensive, and transformative pathways toward recovery. Graeter's ice cream will be available during this presentation.	Michael Groat, MSc, PhD, Will Hartman III, MD and Molly Pachan, PhD Lindner Center of HOPE	WKRP Room
	Closed collaborative networking meeting with a Platinum Sponsor			Alice Room
3:00-5:00pm	Symposium: Better outcomes in Psychiatric Treatment: A Clinical Conversation on Pharmacogenomic Testing and Other Tools	There is a critical need for clinical implementation of therapeutic strategies, biomarkers, or tools that can lead to better outcomes for mood disorder patients. Results from the recent 2025 NNDC Member Survey indicate that clinicians are most interested in learning more about brain imaging or electrical biomarkers of response (e.g., fMRI, EEG), neuromodulation, medications with new or novel biological mechanisms of action (e.g., dextromethorphan/ketamine, KarXT, zuranolone), and pharmacogenomic testing. By predicting the likelihood of reduced efficacy, increased side effect risk, or altered dosing requirements for certain medications based on an individual's genetic makeup, pharmacogenomic testing is a biomarker tool that clinicians can use to help inform their treatment decisions, which can lead to better outcomes for some patients. This session will be a clinical conversation covering the who, what, when, why, and how of implementing innovative tools like pharmacogenomic testing into the broader context of mood disorder medicine, using a combination of didactic mini lectures, case studies, and moderated round table Q&A with three expert psychiatrists practicing in the Cincinnati, OH region. Attendees can engage with speakers and the moderator during the session.	Jeffrey Strawn, MD University of Cincinnatiati & Cincinnati Children's Hospital Quinton Moss, MD Modern Psychiatry and Wellness, LLC Nelson Rodriguez, MD, FAPA Lindner Center of HOPE Moderator: Ryan Griggs, PhD, MS GeneSight - Myriad Genetics	Cincinnatus Ballroom
5:00-6:00pm	NNDC Board of Directors in-person only Meeting			Beast Amphitheater
	Cocktail hour			Rotunda, Central & East Break Areas on 1st Floor
6:00-8:00pm	Dinner Buffet			Cincinnatus Ballroom
Additional Meeting Rooms Available Over the Course of the Day				
1:00-5:00pm	Open for private meeting space			Joseph Strauss Room Corn Hole Room
3:00-5:00pm	Open for private meeting space			Alice Room Leonard Baehr Room

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NNDC Academic Research Agenda – Thursday, September 11, 2025

Time (EST)	Schedule	Topics	Speakers	Location
7:30-8:30am	Boehringer Ingelheim Non-CME and Non-Promotional Symposium	Beyond the Serotonin Deficit Hypothesis: Communicating a Neuroplasticity Framework of Major Depressive Disorder	C. Neill Epperson, MD and Chloe Page, PhD Helen and Arthur E. Johnson Depression Center at the University of Colorado Anschutz Medical Campus	Cincinnatus Ballroom
	Registration + Breakfast Buffet			West + North Prefunction
8:30-9:00am	Welcome	Welcome Address and NNDC Administrative Updates	NNDC Leadership	Cincinnatus Ballroom
9:00-9:30am	Symposium: Improving Access to Care with Innovative Service Delivery Models	Strategies for Mental Health Care Delivery in Primary Care (25 min talk, 5 min Q&A)	Mark Williams, MD Mayo Clinic	Cincinnatus Ballroom
9:30-10:00am		Using Group Medical Visits / Shared Medical Appointments to Improve Access to Care for Bipolar Disorder and Other Psychiatric Disorders: Evaluation of a Novel Service Delivery Model (25 min talk, 5 min Q&A)	Vijay Gorrepati, MD University of Texas Austin	
10:00-10:15am		Panel Discussion with Audience Feedback (15 min Q&A)	Joining the panel: Joseph Cerimele, MD and Hilja Ruegg, MD, University of Cincinnati Moderator: Sagar Parikh, MD, FRCP, University of Michigan, NNDC Medical Director	
10:15-10:45am	Break			
10:45-11:15am	Mini-Symposia 1: Suicide Prevention	Transforming Suicide Prevention Through Systems Thinking (25 min talk, 5 min Q&A)	Melissa Young, MA, PsyD and Brian Kurtz, MD Cincinnati Children's Hospital Medical Center	Cincinnatus Ballroom
11:15-11:45am		How AI is being used for Suicide Prevention (25 min talk, 5 min Q&A)	Emily Haroz, PhD Johns Hopkins University	
11:45am-12:45pm	Lunch Options	General Conference Lunch		Cincinnatus Ballroom
		Mood Outcomes Program Lunch Discussion		Fountain Square Dining Room
12:45-1:45pm	Poster Session			Fountain Square
1:45-2:00pm	Afternoon Kickoff	NNDC Administrative Announcements	NNDC Leadership	Cincinnatus Ballroom
2:00-2:20pm	Hot Topics	Metabolomics Signatures for Anxiety and Depression in Clinical and Epidemiology Studies - Influences of Genome Gut Microbiome and Exposome (15 min talk, 5 min Q&A)	Rima Kaddurah-Daouk, PhD Duke University	Cincinnatus Ballroom
2:20-2:40pm		Spinal Interoceptive Pathways as Therapeutic Targets in Major Depressive Disorder (15 min talk, 5 min Q&A)	Francisco Romo-Nava, MD, PhD Lindner Center of Hope	
2:40-3:00pm		Early results from the Wellness Discovery Survey - State of Ohio Adversity and Resilience Studies (15 min talk, 5 min Q&A)	Scott Langenecker, PhD Ohio State University	
3:00-3:15pm	Break			
3:15-4:15pm	Plenary Talk	Narrowing the Gap between Discovery and Impact: Implementation Science and the Dissemination of the Collaborative Care Model (45 min talk, 15 min Q&A)	Christopher Miller, PhD Harvard Medical School Introduction By: Melissa DelBello, MD, MS University of Cincinnati College of Medicine	Cincinnatus Ballroom
4:15-4:30pm	Break			
4:30-5:00pm	Mini-Symposia 2: New Frontiers	Evidence Over Emotion: What We Really Know about SSRIs in Youth (25 min talk, 5 min Q&A)	Jeffrey Strawn, MD University of Cincinnati College of Medicine	Cincinnatus Ballroom
5:00-5:30pm		Chemistry and Context: Psychedelic-Assisted Psychotherapy for Depression (25 min talk, 5 min Q&A)	Jamarie Geller, MD, MA University of Michigan	
5:30-6:30pm	Networking Happy Hour			Cincinnatus Ballroom
6:30-8:30pm	Dinner & Awards	Travel and poster awardees are celebrated		