

# Cannabidiol (CBD) Information for Parents

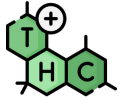
## ORIGIN

Cannabidiol (CBD) is a chemical compound derived from special kinds of plants called cannabis (marijuana) and hemp plants.



## THC

THC is the part of marijuana that makes someone feel 'high'. THC can be found in CBD store-bought products but not included in the listed ingredients. It can lead to intoxication and to a positive urine drug screen for marijuana.



## REGULATION

Specific forms of CBD are produced and sold as medication for certain seizure disorders. These CBD-based medications are only available through doctor prescription and are produced by drug companies like other medications. Companies producing CBD-based medicine are required to use manufacturing practices that are closely monitored by the US Food and Drug Administration (FDA) to ensure quality, safety, and accuracy of labeling.



## AVAILABILITY

CBD is also readily available and sold on the internet and in stores. This CBD is not prescribed by a doctor, not produced by a drug company, and not considered a medication.



## QUALITY

Because store-bought CBD is not produced as a medication, there is no regulation for this type of CBD. Therefore, the amount of CBD can vary from what is actually printed on the label and can contain other ingredients that are not listed.



## RISKS

CBD use is not risk free: CBD use can affect your liver function and can interact with prescribed medications, altering their effect or causing dangerous side effects.



## TAKE HOME MESSAGE

Though CBD is sold everywhere and marketed as helpful for many different mental health issues, there is currently no evidence to support the use of CBD for mental health conditions in children and adolescents.

