FOSTERING MOOD INNOVATIONS:
RESEARCH AND CLINICAL NETWORKS AT THE NNDC
14TH ANNUAL CONFERENCE
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For your convenience, blank pages for notes are included at the back of this booklet.
ACKNOWLEDGEMENTS

We would like to thank all of our speakers and facilitators for their contributions both to this conference and their areas of study. We are proud to work with such highly respected and knowledgeable clinicians, researchers, and advocates and hope to continue developing these and other relationships with some of the world's brightest minds.

We would also like to thank the NNDC Conference Program Committee for putting together another engaging and innovative Annual Conference program.

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  Mayo Clinic
Dane Larsen
Executive Director
dlarsen@nndc.org

Pat Rinvelt, MBA
Director, Strategic Initiatives
prinvelt@nndc.org

Diana Burnett, MS
Program Manager
dburnett@nndc.org

Jenny Taylor, PhD
Program Manager
jtaylor@nndc.org

Brad Hovermale
Operations Manager
bhovermale@nndc.org

Shilpa Kharecha
Events & Communications Manager
skharecha@nndc.org
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Welcome to the 2022 NNDC Annual Conference!

The theme of this year’s conference – Fostering Mood Innovations: Research and Clinical Networks at the NNDC 14th Annual Conference – was chosen to highlight the latest and greatest advances in mood disorders research and care delivery. By focusing on such cutting-edge research, we seek to accelerate the pace of treatment innovations in treating patients with depression and bipolar disorders. Special attention was given in this year’s program to highlighting the work of our Task Groups. Most of the topics in this program were directly inspired by our Task Groups - and more than a few of the talks will provide updates on what some of our groups are working on.

We are honored to welcome Dr. Vikram Patel, the Pershing Square Professor of Global Health at Harvard Medical School, as our keynote speaker this year. Dr. Patel’s work has focused on the burden of mental health problems across the life course, their association with social disadvantage, and the use of community resources for their prevention and treatment. In his keynote address, titled “Scaling Up Psychosocial Therapies to Reach the Last Mile: Lessons from the Global South”, Dr. Patel will explore the large unmet needs for care even in settings with significant mental health resources and the structural reasons for these unmet needs.

We are also pleased to welcome Dr. Jonathan Rottenberg, Professor of Psychology at the University of South Florida to present our second plenary lecture. His talk, titled “Thriving After Depression: Methods, Evidence, and Implications”, aims to present what we know about thriving after depression, focusing on methods to study psychological well-being as a proxy for thriving.

As it is every year, the NNDC 2022 Annual Conference is the perfect time to start thinking about how you can get more involved with the NNDC. We would love to discuss how your center’s experts and areas of interest might fit into the work our Task Groups are doing. Thank you for joining us, as always.

FROM THE NNDC TEAM

On behalf of the whole NNDC Team, we are pleased to welcome you to Ann Arbor for our 14th Annual Conference! Each year the conference program highlights the ways the NNDC is uniquely positioned to improve diagnosis and treatment of mood disorders by facilitating knowledge sharing across the nation and expediting large scale, multi-site research initiatives – and this year’s program is no exception. Our members are engaging in some of the most innovative and exciting research in the field, and the Annual Conference is a great way to show off some of that work, whether through main stage presentations, poster session discussions, or even casual conversation with your fellow attendees over the duration of the program.

Thank you for joining us as we resume the in-person conference after two years! We hope to see you again next year – we will be posting further updates on the website, social media, and in the newsletter once plans are confirmed. Stay tuned!

Sagar Parikh, MD, FRCPC
Medical Director, NNDC

Mark Frye, MD
President, NNDC

Dane Larsen
Executive Director, NNDC
Dr. Vikram Patel is The Pershing Square Professor of Global Health in the Blavatnik Institute’s Department of Global Health and Social Medicine at Harvard Medical School. He co-leads the Department’s Mental Health for All lab and co-leads the GlobalMentalHealth@Harvard initiative. His work has focused on the burden of mental health problems across the life course, their association with social disadvantage, and the use of community resources for their prevention and treatment. He is a co-founder of the Movement for Global Mental Health, the Centre for Global Mental Health (at the London School of Hygiene & Tropical Medicine), the Mental Health Innovations Network, and Sangath, an Indian NGO which won the WHO Public Health Champion of India prize. He is a Fellow of the UK’s Academy of Medical Sciences and has served on the Committee which drafted India’s first National Mental Health Policy and the WHO High Level Independent Commission for NCDs. He has been awarded the Chalmers Medal (the Royal Society for Tropical Medicine and Hygiene, UK), the Sarnat Prize (the National Academy of Medicine, USA), the Pardes Humanitarian Prize (the Brain and Behaviour Research Foundation, USA), an Honorary OBE (the UK Government), the Posey Leadership Award (Austin College, USA) and the John Dirk Canada Gairdner Award in Global Health (the Canada Gairdner Foundation). He was listed in TIME Magazine’s 100 most influential persons of the year in 2015.

Dr. Patel leads research that plays a central role in the emergence and development of the field of global mental health and that has galvanized policy, civil society, and donor action to address the large unmet need for care for people with mental disorders, both in low-and middle-income countries and in low resourced contexts of high-income countries.
Thriving After Depression: Methods, Evidence, and Implications

Dr. Jonathan Rottenberg is a Professor of Psychology at the University of South Florida, where he is Director of the Mood and Emotion Laboratory.

His research focuses primarily on emotional functioning in depression. His research has been funded by the National Institutes of Health, and his work has been covered extensively in Scientific American, The New York Times, The Wall Street Journal, The Economist, and Time. Rottenberg lives in Tampa, Florida. He is the author of “The Depths: The Evolutionary Origins of the Depression Epidemic.” In 2015, he founded Depression Army, an international social media campaign that is changing the conversation about depression.

Dr. Rottenberg relates his personal and professional experiences with mental health, stating, “I have been on many sides of depression. I struggled with severe and chronic episodes of depression for a number of years in the early 1990s. In response to this profound experience, I came to focus my research on the study of depression, receiving a PhD in Psychology in 2003, and joining the faculty at the University of South Florida. Most recently, I have continued to be an advocate for people who struggle with depression.”
# AT-A-GLANCE AGENDA

Fostering Mood Innovations: Research and Clinical Networks at the NNDC 14th Annual Conference

## Tuesday, September 20th Agenda

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<td>7:30-8:30am</td>
<td>Breakfast</td>
<td>Grande Ballroom</td>
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<td>8:30-9:00am</td>
<td>Welcome Address from NNDC President and NNDC Administrative Update</td>
<td>Michigan Ballroom I-II</td>
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<tr>
<td>9:00-9:30am</td>
<td>NNDC Task Group Updates: Research Highlights from Across the Network</td>
<td>Michigan Ballroom I-II</td>
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<td>9:30-10:30am</td>
<td>Bipolar Disorder Research: Spotlight on the NNDC Bipolar Task Group</td>
<td>Michigan Ballroom I-II</td>
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<td>10:30-11:00am</td>
<td>Break</td>
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<tr>
<td>11:00am-12:30pm</td>
<td>Child and Adolescent Mental Health: Addressing the Youth Mental Health Crisis in America</td>
<td>Michigan Ballroom I-II</td>
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<td>12:30-1:15pm</td>
<td>Lunch</td>
<td>Grande Ballroom</td>
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<td>1:15-2:00pm</td>
<td>Poster Sessions (45 minutes)</td>
<td>Michigan Prefunction and Ballroom III-V</td>
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<td>2:00-3:00pm</td>
<td>Neuromodulation: Advances in Targeted Treatments</td>
<td>Michigan Ballroom I-II</td>
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<td>3:00-3:30pm</td>
<td>Break</td>
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<tr>
<td>3:30-4:30pm</td>
<td>Ketamine: Weighing the Risks and Rewards of Ketamine Treatment</td>
<td>Michigan Ballroom I-II</td>
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<td>4:30-5:30pm</td>
<td>Plenary Talk: Thriving After Depression: Methods, Evidence, and Implications by Dr. Jonathan Rottenberg, Ph.D. (University of South Florida)</td>
<td>Michigan Ballroom I-II</td>
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<td>5:30-6:00pm</td>
<td>NNDC Networking Happy Hour</td>
<td>Michigan Prefunction</td>
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<td>6:00-8:00pm</td>
<td>Dinner and Award Ceremony</td>
<td>Grande Ballroom</td>
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## Wednesday, September 21st Agenda

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<th>Time</th>
<th>Event</th>
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<tr>
<td>7:30-8:15am</td>
<td>Breakfast</td>
<td>Grande Ballroom</td>
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<tr>
<td>8:15-8:30am</td>
<td>Day 2 Welcome</td>
<td>Michigan Ballroom I-II</td>
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<tr>
<td>8:30-9:00am</td>
<td>Mood Outcomes Program: Findings from the 30,000+ NNDC Patient Registry</td>
<td>Michigan Ballroom I-II</td>
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<tr>
<td>9:00-10:00am</td>
<td>Keynote Address: Scaling Up Psychosocial Therapies to Reach the Last Mile: Lessons from the Global South by Dr. Vikram Patel, MBBS, Ph.D. (Harvard Medical School)</td>
<td>Michigan Ballroom I-II</td>
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<tr>
<td>10:00-10:15am</td>
<td>Break</td>
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<tr>
<td>10:15-11:15am</td>
<td>Artificial Intelligence in Mood Disorders: Progress and Ethics of AI Treatments</td>
<td>Michigan Ballroom I-II</td>
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<td>11:15am-12:15pm</td>
<td>Hot Topics in Psychiatry: Emerging Research, Encouraging Treatments</td>
<td>Michigan Ballroom I-II</td>
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NNDC CONFERENCE WI-FI
NAME: Sheraton_Conference
PASSWORD: NNDC2022

Michigan Prefunction
- Registration
- Posters 1
- Sponsor Tables
- Networking Happy Hour
- Coffee/Tea Station

Michigan Ballroom I, II
- All Sessions

Michigan Ballroom III, IV, V
- Posters 2

Grande Ballroom
- Breakfast
- Lunch
- Dinner and Awards Ceremony
SATISFACTORY COMPLETION

Learners must complete an evaluation form to receive a certificate of completion. Your chosen sessions must be attended in their entirety. Partial credit of individual sessions is not available. If you are seeking continuing education credit for a specialty not listed below, it is your responsibility to contact your licensing/certification board to determine course eligibility for your licensing/certification requirement.

PHYSICIANS

In support of improving patient care, this activity has been planned and implemented by Amedco LLC and National Network of Depression Centers. Amedco LLC is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Credit Designation Statement – Amedco LLC designates this live activity for a maximum of 10.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

PSYCHOLOGISTS

This course is co-sponsored by Amedco and National Network of Depression Centers. Amedco is approved by the American Psychological Association to sponsor continuing education for psychologists. Amedco maintains responsibility for this program and its content. 10.75 hours.

SOCIAL WORKERS

As a Jointly Accredited Organization, Amedco is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Amedco maintains responsibility for this course. Social Workers completing this course receive 10.75 GENERAL continuing education credits.

TO CLAIM YOUR CREDITS

1. Go to http://nndc.cmecertificateonline.com
2. Click on the “National Network of Depression Centers Annual Meeting 2022”
3. Complete the evaluation
4. Print all pages of the certificate for your records

QUESTIONS?

Contact Amedco at Certificate@AmedcoEmail.com
TUESDAY, SEPTEMBER 20, 2022

9:00am  Task Group Overview

**TREATMENT RESISTANT DEPRESSION TASK GROUP OVERVIEW**
**PRESENTED BY**
**SUSAN CONROY, MD, PHD**
Assistant Professor of Psychiatry, Indiana University School of Medicine
**LEARNING OBJECTIVES**
1. To update the group progress of the Treatment Resistant Depression Task Group in developing consensus recommendations for TRD consultation programs

**UPDATES FROM THE BIOMARKERS TASK GROUP**
**PRESENTED BY**
**JENNIFER VANDE VOORT, MD**
Associate Professor and Co-Chair, Division of Child and Adolescent Psychiatry and Psychology, Mayo Clinic
**LEARNING OBJECTIVES**
1. Understand the latest clinical outcomes and future biomarkers for the Bio-K Trial

**AMPLIFYING PEER VOICES IN CARE MODELS TO SUPPORT OLDER ADULTS WITH DEPRESSION AND CHRONIC PHYSICAL HEALTH CONDITIONS**
**PRESENTED BY**
**SARA WEISENBACK, PHD, ABPP**
Chief of Neuropsychology, McLean Hospital and Member of the Faculty, Harvard Medical School
**LEARNING OBJECTIVES**
1. Describe the process by which the relationships among DBSA, NNDC, and the Geriatric Mood Disorders Task Group developed
2. Summarize highlights from this convening and describe next steps

9:30am  Symposium: Bipolar Disorders

**UPDATES FROM THE FIELD: A REPORT ON A NEW GROUNDBREAKING INITIATIVE IN BIPOLAR RESEARCH AND CARE**
**PRESENTED BY**
**CARA ALTIMUS, PHD**
Senior Director, Milken Institute Center for Strategic Philanthropy
**KATE BURDICK, PHD**
Vice Chair for Research, Jonathan F Borus, MD Distinguished Chair, Department of Psychiatry Brigham & Women’s Hospital
**LEARNING OBJECTIVES**
1. To inform researchers and clinicians about a new initiative that has the potential to change how we study and care for people with bipolar disorder

**BIPOLAR TASK GROUP OVERVIEW**
**PRESENTED BY**
**JORGE ALMEIDA, MD, PHD**
Director, Bipolar Disorder Center, UTHealth Austin
**LEARNING OBJECTIVES**
1. To update attendees on the latest research initiatives of the NNDC Bipolar Disorders Task Group
11:00am  Youth Mood Disorders

- **ETHICAL CHALLENGES IN THE PSYCHIATRIC TREATMENT OF COLLEGE STUDENTS**
  PRESENTED BY
  RACHEL CONRAD, MD
  Director, Young Adult Mental Health, Brigham and Women's Hospital
  Instructor, Harvard Medical School
  LEARNING OBJECTIVES
  1. Participants will understand epidemiology of psychiatric illness among college students and consider the barriers to mental health treatment in this population
  2. Participants will be familiar with major cases relating to ethical challenges in the treatment of college students
  3. Participants will identify ethical duties pertaining patients, university, and public safety
  4. Participants will weigh ethical duties and navigate special considerations towards these cases

- **AN UPDATE ON SUBSTANCE USE DISORDERS IN YOUTH: RECENT CONCERNS AND TREATMENT INNOVATIONS**
  PRESENTED BY
  LESLIE HULVERSHORN, MD
  Chair, Department of Psychiatry
  Director, Division of Child and Adolescent Psychiatry
  IU Health Scholar II of Psychiatry
  Indiana University School of Medicine
  LEARNING OBJECTIVES
  1. Orient the audience to recent epidemiological trends in US youth substance use and substance use disorders (SUDs)
  2. Highlight innovations in SUD treatment such as machine learning-based fidelity monitoring tools for motivational interviewing

2:00pm  Mini-Symposium: Neuromodulation

- **CONNECTOME-TARGETED NEUROMODULATION FOR MOOD DISORDERS**
  PRESENTED BY
  SHAN SIDDIQI, MD
  Instructor in Psychiatry, Harvard Medical School
  Neuropsychiatrist, Center for Brain Circuit Therapeutics, Brigham and Women's Hospital

- **ATTITUDES AND ETHICAL CONCERNS TOWARD USE OF TMS IN DEPRESSED ADOLESCENTS: PRELIMINARY FINDINGS**
  PRESENTED BY
  LAURA CABRERA, PHD
  Dorothy Foehr Huck and J. Lloyd Huck Chair in Neuroethics
  Associate Professor of Engineering Science and Mechanics and Philosophy
  Senior Research Associate Rock Ethics Institute
  Pennsylvania State University
  LEARNING OBJECTIVES
  1. Recognize that attitudes and concerns of adolescents and their parents around TMS are important as they can influence the uptake of this intervention
  2. Describe key themes around ethical concerns towards the use of TMS in depressed adolescents
  3. Recognize that patients and their parents might have different concerns around the same intervention
3:30pm  Mini Symposium: Ketamine

**KETAMINE: WEIGHING THE RISKS AND REWARDS OF KETAMINE TREATMENT**
**PRESENTED BY**
MARK NICIU, MD, PHD
Assistant Professor, University of Iowa Health Care
ROB MEISNER, MD
Medical Director, Ketamine Service, Psychiatric Neurotherapeutics Program, McLean Hospital

**LEARNING OBJECTIVES**
1. Discuss the potential benefits and risks of ketamine treatment for treatment-resistant major depressive disorder and MDD with acute suicidality or behavior

4:30pm  Plenary Talk

**THRIVING AFTER DEPRESSION: METHODS, EVIDENCE, AND IMPLICATIONATIONS**
**PRESENTED BY**
JONATHAN ROTTENBERG, PHD
Professor of Psychology, University of South Florida

**LEARNING OBJECTIVES**
1. The primary objective is to present what we know about thriving after depression, focusing on methods to study psychological-well being as a proxy for thriving
2. To present evidence regarding the prevalence of well-being after depression in national datasets
3. To consider the clinical and social implications of the data on prevalence of well-being after depression (and related conditions), as well as the next steps that should be taken in this research

WEDNESDAY, SEPTEMBER 21, 2022

8:30am  Mood Outcomes Update

**MOOD OUTCOMES STATUS & FUTURE GOALS**
**PRESENTED BY**
PETER ZANDI, PHD, MHS, MPH
Professor of Psychiatry and Behavioral Sciences, Johns Hopkins Medicine

**LEARNING OBJECTIVES**
1. To provide a status update on the goals of the Mood Outcomes Program
2. To present descriptive analyses of data from the Mood Outcomes Program
3. To discuss future directions of the Mood Outcomes Program

**MOOD OUTCOME PROJECT: ANXIETY SYMPTOMS AND SUICIDE RISK - FINDINGS FROM NNDC PATIENT REGISTRY**
**PRESENTED BY**
SUDHAKAR SELVARAJ, MD PHD
Associate Professor of Psychiatry, The University of Texas Health Science Center at Houston

**LEARNING OBJECTIVES**
1. Learn the association between anxiety symptoms and suicidal ideation in patients with mood disorders
SESSIONS

9:00am  Keynote Address

■ SCALING UP PSYCHOSOCIAL THERAPIES TO REACH THE LAST MILE: LESSONS FROM THE GLOBAL SOUTH
PRESENTED BY
VIKRAM PATEL, PHD, MBBS
Pershing Square Professor of Global Health, Harvard Medical School
LEARNING OBJECTIVES
1. To be familiar with the large unmet needs for care even in settings with significant mental health resources and the structural reasons for these unmet needs
2. To describe the evidence on ‘task-sharing’ of mental health care by non-specialist providers
3. To explain the innovations to optimize access, acceptability and quality of the delivery of psychosocial interventions by non-specialist providers
4. To understand the process through which this evidence can be scaled-up, leveraging digital tools to build and support a community-based workforce

10:15am  Mini-Symposium: AI & Mood Disorders

■ AI-AUGMENTED PREDICTION OF ANTIDEPRESSANT RESPONSE: PROBABILISTIC GRAPHICAL MODELS AND OTHER APPROACHES
PRESENTED BY
WILLIAM BOBO, MD, MPH
Professor and Chair
Department of Psychiatry & Psychology
Cecilia and Dan Carmichael Family Associate Director for the Center for Individualized Medicine in Florida
Mayo Clinic Florida
ARJUN ATHREYA, PHD, MS
Mayo Clinic Florida
LEARNING OBJECTIVES
1. Discuss the motivation for AI in psychiatric research, focusing on depression
2. Describe an AI paradigm for individualizing care for depression
3. Present current efforts and challenges at translating AI-based discoveries to the bedside
4. Describe a vision of the future of digital and measurement-augmented psychiatric care

■ AI AND DEPRESSION: POTENTIAL PITFALLS OF AI
PRESENTED BY
RICHARD SHARP, PHD
Lloyd A. and Barbara A. Amundson Professorship in Biomedical Ethics Honoring Paul S. Mueller, Mayo Clinic
LEARNING OBJECTIVES
1. Discuss legal and ethical challenges to using artificial intelligence for mood disorders treatment
11:15am  Hot Topics

■ NEUROFLEX: A NEUROPLASTICITY-BASED DIGITAL INTERVENTION FOR TREATMENT RESISTANT LATE-LIFE DEPRESSION
PRESENTED BY
SARAH SHIZUKO MORIMOTO, PSYD
Associate Professor, Population Health Sciences, Division of Health System Innovation and Research
Adjunct Associate Professor, Psychiatry
Spencer Fox Eccles School of Medicine at the University of Utah

LEARNING OBJECTIVES
1. Participants will learn to identify the neuropsychological deficits that predict poor treatment response in late life depression
2. Participants will learn a step-by-step model for designing neuroplasticity-based digital interventions for psychiatric disorders
3. Participants will learn how to assess digital interventions for rigor, efficacy, and “fit” for their patients, or patient populations
4. Participants will learn how NeuroFlex induces change in the Cognitive Control Network, and thus, improves treatment response

■ PREVENTING SUICIDAL BEHAVIOR WITH DIVERSE HIGH-RISK YOUTH IN ACUTE CARE SETTINGS
PRESENTED BY
HOLLY WILCOX, PHD
Professor, Johns Hopkins School of Medicine

LEARNING OBJECTIVES
1. To describe the current youth mental health crisis
2. To discuss and compare interventions that could be conducted onsite in Pediatric Emergency Departments

■ EPIGENETIC GRIMAGE ACCELERATION AND HISTORY OF SUICIDE ATTEMPT IN BIPOLAR DISORDER
PRESENTED BY
GABRIEL FRIES, PHD, MBBS
Assistant Professor, The University of Texas Health Science Center at Houston

LEARNING OBJECTIVES
1. Discuss the concept of epigenetic aging and its application in clinical populations
2. Identify the association between epigenetic alterations and a history of suicide attempts in patients with bipolar disorder
Congratulations to the 2022 Emerging Scholar Travel Award Recipients! Check out the posters during the Annual Conference Poster Session at 1:15pm in Michigan Prefunction and Michigan Ballroom III, IV, V on Tuesday, September 20th.

**SARAH ANDREWS, MD**  
University of Florida  
Poster # 2  
**Predictors of Early Dropout from Residential Substance Use Treatment: Evaluating Relationships with Depression, Pain, and Age**

**RACHEL CONRAD, PHD**  
Brigham & Women’s Hospital  
Session: Tuesday, 9/20/22, 11:00AM  
**Main Stage Presentation**  
**Ethical Challenges in the Psychiatric Treatment of College Students**

**SAMUEL COOPER, PHD**  
University of Texas - Austin  
Poster # 8  
**Latent Depression and Anxiety Symptom Dimensions Predict Biased Acquisition and Extinction Learning in a Web-Based Causal Learning Task**

**CHESIKA CRUMP, MD**  
University of Louisville  
Poster # 10  
**Pimavanserin for Bipolar Disorder**

**JOSHUA CUNNINGHAM**  
Michigan State University  
Poster # 11  
**Psychiatric Electroceutical Interventions (PEIs) and Clinical Treatment Guidelines: Results from a National Survey of Board-Certified Psychiatrists**

**GABRIEL FRIES, PHD**  
University of Texas - Austin  
Session: Tuesday, 9/20/22, 11:00AM  
**Main Stage Presentation**  
**Ethical Challenges in the Psychiatric Treatment of College Students**

**SUZANNE GONZALEZ, PHD**  
Penn State University  
**Do Pharmacogenetics Factors Influence Escitalopram-Induced Adverse Events or Treatment Failure in Youth at High-Risk for Bipolar Disorder?**

**DUNCAN HONEYCUTT, MS**  
University of Cincinnati  
Poster # 24  
**Cortical Thickness in the Right Anterior Cingulate Cortex and Non-Suicidal Self-Injury in Youth with Mood Disorders**

**REBEKAH HUBER, PHD**  
University of Utah  
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**SOPHIE LAZARUS, PHD**  
Ohio State University  
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**ANDREW NOVICK, MD, PHD**  
University of Colorado  
**Depression Treatment for Children and Adolescents: Promising Results from a Collaborative Care Program**

**LAUREN OBERLIN, PHD**  
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**ALYSSA SMITH, MD**  
Indiana University  
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**LAURA SUAREZ, MD**  
Mayo Clinic  
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**Antecedent Symptoms Associated with Onset of Major Depressive Episode in Pregnancy**

**PERRY TSAI, MD, PHD**  
University of Illinois at Chicago  
Poster # 60  
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**BENNETT WECHSLER, MD**  
University of Massachusetts  
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