

What is the Mood Outcomes Program?

The aim of the NNDC Mood Outcomes Program is to **improve patient care** provided to those suffering with mood disorders. Through use of **measurement-based care tools** and **quality improvement** programs informed by patient care data at our centers, the NNDC is working to transform the treatment of mood disorders.

Measurement-Based Care

The electronic patient reported outcomes (ePRO) web-based system allows patients to directly input four brief self-rated assessments immediately before each clinic visit. Clinicians review these self-assessments during regular visits to monitor patient progress as part of standard clinical care.

Clinician Support Tools

The Mood Outcomes Program Clinical Repository includes a patient-level dashboard that displays the self-rating assessments in real time so that clinicians can use this data during their visit with the patient. The Clinical Repository also features reporting tools to help clinicians establish treatment plans that are tailored to the specific needs of their patients.

Mental Health Vital Signs

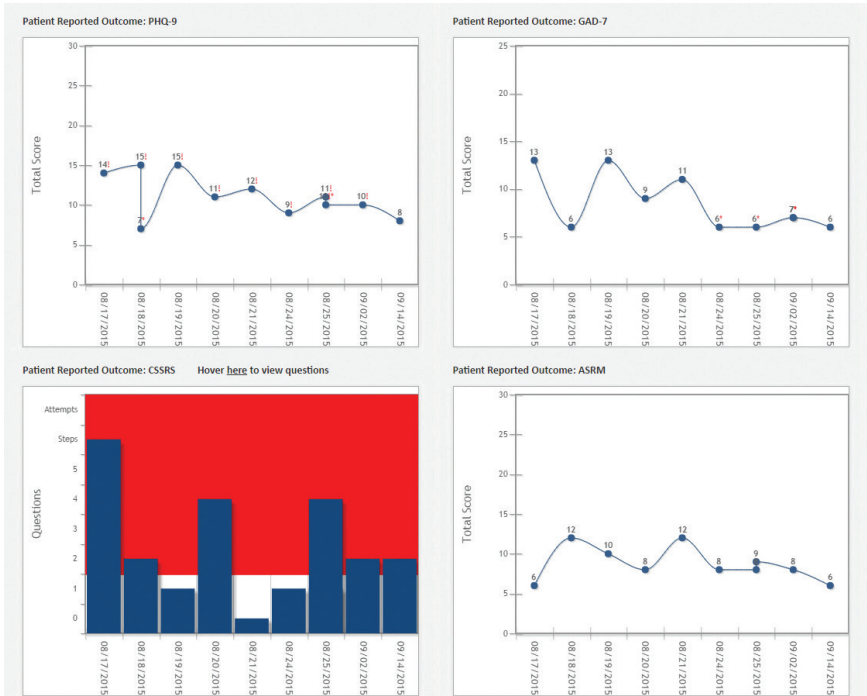
- PHQ-9** Patient Health Questionnaire
- GAD-7** Generalized Anxiety Disorder Assessment
- ASRM** Altman Self-Rating Mania Scale
- C-SSRS** Columbia Suicide Severity Rating Scale

Who can participate?

NNDC Member Centers are leading the effort to build the Mood Outcomes program into a robust clinical program and patient database to transform patient care and improve quality. All patients 13 years or older who have been diagnosed with a mood disorder, including depression and bipolar disorder, and are being cared for at one of the participating NNDC Member clinics may be included in the program.

Quality Improvement Reporting

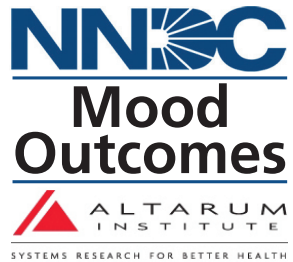
Reports generated from clinic-wide data indicate the types of patients seen in our clinics, how they are doing as a group over time, and what care management strategies are most effective.



Clinical Repository Patient Dashboard reports show change over time in all four Mental Health Vital Signs.

Organizational Partners

The Mood Outcomes Program is administered by the National Network of Depression Centers, a 501(c)(3) nonprofit research consortium comprised of leading depression centers around the country. NNDC members are dedicated to advancing research, treatment, and public education regarding depression and bipolar disorder through comprehensive, multidisciplinary collaboration and national-scale networking of resources.



The NNDC has partnered with Altarum Institute (Altarum) to design and develop the KnowledgeBase system that supports the Mood Outcomes Program. Altarum is a Michigan-based nonprofit whose mission is to serve the public good by solving complex systems problems to improve human health, integrating research, technology, analysis, and consulting skills. Altarum's wholly-owned subsidiary, KAI Research, Inc. provides the necessary background and expertise in observational health programs and serves as the Program Coordinating Center (PCC) for the Mood Outcomes Program.